

# 8 benefits and facts of cycling

BENEFIT #1

Cycling burns 300 calories every hour

BENEFIT #2

Save \$10 a day compared to driving, based on distance from Punggol to Tampines

BENEFIT #3

See Singapore in a different light on a bike

## Convenience

With these new initiatives, cycling is easy and fuss-free!

DID YOU KNOW?

We now have up to 3,000 bicycle racks at 32 MRT stations

DID YOU KNOW?

There will be more than 700km of cycling friendly paths island-wide by 2030

DID YOU KNOW?

Map your route using online route planners

DID YOU KNOW?

Rent a bicycle from any Park Connector Network (PCN) kiosk.

BENEFIT #4

Best of all, cycling does not produce any carbon emissions!

More on cycling

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CLIMATE CHANGE SG

Helping Singapore change with the climate.

Established in 2010, the National Climate Change Secretariat (NCCS) plans and coordinates Singapore's policies and strategies to address climate change.

www.nccs.gov.sg